Sanguine - Melancholic Axis (Dilation - Contraction)

Sanguine

Open, Innocent, Childlike, Hopeful & Singing, Adolescent
Optimistic & Ardent, Sociable & Open characters
Open, Dilated, Growth, Expanding
Fear of loneliness
> discharges > company
Tropical rain forest
Congestion/ Haemorrhage
HOT & WET
Time: 9am
Season: Spring
Affinities: Blood, Heart & Arteries, Skeletal muscles, Spleen.
Qualities: Intuition / Sociability / Exaggeration/ Discharge / Spontaneity / Hopeful / Expansion / Serendipity / Optimism / Faith / Circulation / Growth / Ardent / Release / Youth / Exuberance / Inclusion / Sensuality / Frivolity / Trusting / Naivety / Innocence / Carefree

Venus / Jupiter: The Sanguine temperament
Jupiter - Liver, Glycogen, Suprarenals, Arterial circulation, Fibrin of blood, Fats. **Sagittarius** - Hips, Femur, Ilium, Thighs, Sciatic nerve.
Venus - Throat, Kidneys, Thymus gland, Venous circulation**,** Homeostasis, Warm, Lymphatic, Relaxing, Sedentary.

Astrological Planetary Influence

Jupiter	***Venus***
Urge to connect with the spiritual realm through openness to the 'big picture'.	Co-operation, Giving, Compromise.
Spirit, Faith, Optimism, Freedom.	Beauty, Love, Comparison, Taste, Exchange.
Joy, Vision, Expanding awareness.	How we make ourselves and others happy.
Belief, Imagination, Exploration.	Pleasure, Sharing, Values, Socialising.
Adventurous, Scattered energy,	Expressing affection for others.
Long journeys.	Seduction, Attraction.
Seeing the big picture, view from the sky, over-extending oneself.	Balance, Harmony, Sexual Lust, Flirtatious.
	Conciliation, Friendship, Beauty, Desire.
	Reaction, Sensation, Relationship, Partner.

BACK TO INDEX

SANGUINE temperament – Mind

- Adventurous
- Affectionate
- Amativeness
- Amorous
- Amusement - desire for
- Benevolence
- Brotherhood; sensation of
- Capriciousness
- Carefree
- Change - desire for
- Cheerful
  - Foolish, and
  - Lightness; with sensation of
- Childish behavior
- Communicative
- Company - desire for
- Contact; desire for
- Curious
- Dancing
- Delirium - gay, cheerful
- Delusions
  - Beautiful
  - Friend - surrounded by friends; being
  - Visions, has - beautiful
- Desires - full of desires
- Elated
- Ennui
- Euphoria
- Exaggerating
- Expansive
- Extravagance
- Fancies - exaltation of
- Fear - alone, of being
- Foolish behavior
- Frivolous
- Freedom
- Gossiping
- Grounded - not grounded
- High-spirited
- Home - leave home - desire to
- Hopeful
- Idealistic
- Ideas – unconnected
- Impulsive
- Inconstancy
- Innocent
- Injustice, cannot support
- Jesting
- Joy
- Kissing - everyone
- Laughing
- Laughing - immoderately
- Libertinism
- Loquacity
- Mirth
- Mood - changeable
- Naive
- Naked, wants to be
- Open
- Optimistic
- Perfume - loves to use perfume
- Persisting in nothing
- Pleasure
- Playful
- Restlessness - excitable
- Shameless
- Sociability
- Thoughts – wandering
- Time - fritters away his time
- Travelling - desire for
- Undertaking - many things, persevering in nothing
- Vivacious
- DREAMS
  - Adventurous / Parties

BACK TO INDEX

SANGUINE temperament – Physicals

- **CHEST** - Enlarged sensation - Heart
- **ABDOMEN** - Spleen; complaints of
- **GENERALS**
  - Apoplexy
    - Hemorrhagic, sanguine
  - Forenoon - 9 h
  - Circulation; complaints of the blood
  - Congestion - blood; of
  - Discharges - amel.
  - Energy - excess of energy
  - Expansion; sensation of
  - Hemorrhage
    - Arterial
  - Muscles; complaints of
  - Orgasm of blood
  - Seasons - spring – agg.
  - Tension - Arteries; of

Related remdies & families

Lepidoptera / Firefly / Fish / Songbirds / Labiateae / Piperaceae / Cactaceae / Left side Periodic Table / Phosphorus salts / Rubiales / Lachesis-like remedies / Hyoscamus / Aconite / Glonoinum / Agathis australis / Veratrum viride / Saccharum album / Coffea / Ferrum phos / Hamameliidae / Column 3 Plants (Caryophyllales) / Rows 4 & 6 Plants / Stage 5 & 7 Minerals

BACK TO INDEX